

*Completed by Sharon Ann Downs
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1) Incorporate unplanned pregnancy prevention information for students through advising and student orientation

A brief overview of preventing unplanned pregnancies is provided to all students at each orientation session (total of 820 students). In addition, general information about these and other services are provided via tables at the numerous resource fairs held as part of the orientation process.

2) Integrate information that is recognized as medically accurate by the A.C.O.G. about the prevention of unplanned pregnancy into academic courses.

The following information was provided to 22 sections of PEAW 1300 (first year experience) courses, with a total of 647 students.

- a) *The Arkansas Campaign to Prevent Unplanned Pregnancy video.*
- b) *The three national videos, including quizzes.*
- c) *The five-minute UA Little Rock Health video that was developed in-house.*

We will explore offering the same curriculum in social work, sociology, and health-related courses in 2019-20.

3) Identify opportunities to raise awareness of and provide resources for prevention of unplanned pregnancies across the entire student population.

HEALTH SERVICES:

At the beginning of every fall semester, Health Services works with Campus Living to distribute 4x6" cards to every student who lives in UA Little Rock housing informing them of various birth control options available through Health Services.

During this reporting period, 323 students were seen in Health Services for contraceptive care visits. 73 of those were for initial birth control prescriptions. Oral birth control pills remained the most requested method; however, 10 students chose the long acting

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reversible implant, Nexplanon. In addition to visits for first time prescriptions, 171 students utilized Health Services for the management of their birth control prescriptions and 79 students were seen for general consultation and advice on choosing a birth control method.

4) **CAMPUS LIVING:**

Partnered with Health Services to put on Trojan Wars, an event focused on safe sex, unplanned pregnancy prevention, and STD awareness during Trojan Daze.

Condoms are free and readily available in Health Services and within certain areas of Campus Living, including some front desks and from resident assistants.

Resident Assistants created bulletin boards utilizing statistics on pregnancy and STDs aimed at encouraging students to practice safe sex, and discussed pregnancy prevention at hall meetings.

Campus Living provided information about UA Little Rock Health Services and the contraception services that they offer to students.

5) **Identify opportunities for current students to reach out to younger teens to serve as mentors.**

Roughly 80-100 mentorships are set up through the Charles W. Donaldson Scholars Academy with students in the Pulaski County Special School District.

6) **Identify private or federal grants available to address the prevention of unplanned pregnancy.**

None identified this year.

7) **Collaborate with ADH or FQHSs or both to promote access to care.**

UA Little Rock has a vibrant Health Services that provides comprehensive reproductive health for students. Referral information is available for students wishing to visit clinics outside of the university.

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- 8) **Identify child care, transportation, financial aid, and other challenges specific to existing single parents.**

We know that child care is a barrier for single parent students, as well as single parent employees. The new UA Little Rock strategic plan includes language to explore creating a child-care center on campus.

- 9) **Identify other topics or issues relating to the prevention of unplanned pregnancies among older teens.**

Nexplanon, a long-acting reversible contraceptive, continues to be available in UA Little Rock's Health Services.