

Arkansas Tech University
Division of Student Affairs

Act 943 Action Plan
2017-2018

Objective	Action/Activity	Target Dates	Results
<p>1. Provide unplanned pregnancy prevention education for incoming students through new student orientation programs (both freshmen and transfer)</p>	<p>Develop curriculum to be incorporated into new student orientation programs for freshmen and transfer students</p> <p>Train student orientation leaders and ATU staff to teach material during small group sessions</p> <p>Present curriculum to incoming freshmen and transfer students during orientation programs; Sessions will be peer-led by current Arkansas Tech students trained as orientation leaders and ATU staff</p>	<p>July 2017</p> <p>August 16, 2017</p> <p>August 21, 2017</p>	<p>Curriculum developed and incorporated into new student orientation programs; Content included: information on resources available at the ATU Health and Wellness Center related to pregnancy planning, birth control and abstinence, statistics for Arkansas related to teen and unplanned pregnancy, statistics related to the impact unplanned pregnancy has on successful completion of a college degree, and viewing of the video created by the HB 1543 working group.</p> <p>1,509 freshmen attended orientation (Material presented by peer orientation leaders in 62 small group sessions).</p> <p>232 transfer students attended orientation (Material presented by ATU staff in 7 small group sessions).</p>
<p>2. Integrate medically accurate (as determined by the American Congress of Obstetricians and Gynecologists) course content regarding the prevention of unplanned pregnancy, including abstinence education, into academic courses</p>	<p>Develop curriculum to be incorporated into CSP 1013 (Principles of Collegiate Success) and TECH 1001 (Orientation to the University)</p> <p>Develop assignments for CSP 1013 and TECH 1001 on the topic of prevention of unplanned pregnancy</p>	<p>July 2017</p> <p>July 2017</p>	<p>Curriculum developed and incorporated into CSP 1013 and TECH 1001 academic courses; Content included information on resources available at the ATU Health and Wellness Center related to pregnancy planning, birth control and abstinence, statistics for Arkansas related to teen and unplanned pregnancy, statistics related to the impact unplanned pregnancy has on successful completion of a college degree, and viewing of the video created by the HB 1543 working group.</p>

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Division of Student Affairs

Act 943 Action Plan
2017-2018

(Objective 2, cont...)	Provide curriculum and optional assignments/homework to CSP 1013 and TECH 1001 program director to be incorporated into course curriculum for delivery in fall 2017, spring 2018	August 2017/Spring 2018	Optional assignments were developed for course instructors to teach issues related to unplanned pregnancy prevention; Two assignments were developed using lessons one and two from The National Campaign to Prevent Teen and Unplanned Pregnancy website. 1,196 students enrolled in CSP 1013 or TECH 1001 in fall 2017 and received material as part of the academic course. 180 students enrolled in CSP 1013 or TECH 1001 in spring 2018 and received material as part of the academic course.
3. Provide educational programming to raise awareness of, and provide resources for, the prevention of unplanned pregnancies across the entire student population	Develop campus-wide programming to increase awareness of the prevention of unplanned pregnancies Partner with Registered Student Organizations and various campus departments to provide campus-wide and targeted programming; Market availability of Health and Wellness Center staff to provide on-demand presentations Present programs per schedule developed	July 2017 September 2017-April 2018 September 2017-April 2018	14 related educational programs were provided during 2017-2018. Approximately 4,049 students attended the related educational programs and/or read the Student Health 101 magazine provided by the Health and Wellness Center. <i>*A detailed list of all related educational programs provided during 2017-2018 is attached as a supplement to this action plan.</i>

Arkansas Tech University
Division of Student Affairs

Act 943 Action Plan
2017-2018

<p>4. Collaborate with the Department of Health or Federally Qualified Health Centers (FQHC), or both, to promote access to female reproductive health care</p>	<p>Enhance services provided in the ATU Health and Wellness Center to support women's health</p>	<p>December 18, 2017</p>	<p>Meeting with Arkansas Foundation for Medical Care (AFMC) Beneficiary Educator, Lynsey Langley, to discuss the services that they provide while allowing our staff to become more educated about the various methods of birth control and the resources locally for these patients. She also shared about a new program specifically for pregnant women. Ongoing collaboration with AFMC in regards to requesting materials for students and materials to be used in programs.</p> <p>Meeting with Kimberly Rogers of Hologic Diagnostic Solutions partnering with the American Sexual Health Association to discuss ways to empower young people to take control of their sexual health. Discussed the Yes Means Test campaign in response to the alarming increases in sexually transmitted diseases among young adults across the country. This campaign will be used in conjunction with the wellness examinations in the Health and Wellness Center.</p> <p>Wellness Examinations- The Health and Wellness Center offers female students the opportunity to schedule an appointment for wellness examinations. These exams include pap smear testing, pelvic examination and breast examinations. During this visit the student is counseled on various birth control options including hormonal, barrier and natural family planning methods. We also discuss STI/STD testing at this visit and offer students prescriptions or</p>
		<p>April 11, 2018</p>	
		<p>Year-Round</p>	

Arkansas Tech University
Division of Student Affairs

Act 943 Action Plan
2017-2018

<p>5. Seek private or federal grants to address the prevention of unplanned pregnancy and to promote student success, including partnership opportunities to successfully complete for grants</p>	<p>Participate in and seek opportunities to submit grants or collaborate with other agencies for grants.</p>	<p>Year-Round</p>	<p>referrals for their birth control and ensure that their questions are answered and needs are met. This clinic is offered 3 days per month hosting 14-16 patients per scheduled well woman day for approximately 78 patients per month.</p> <p>Free condoms- The Health and Wellness Center offers free condoms to all students who request them. There are also condoms in first aid kits in each residence hall.</p> <p>ATU in collaboration with the Arkansas Campaign for Unplanned Pregnancy received a grant with Trojan condoms and the Health and Wellness Center awarded a free box of 500 condoms in October 2017. These were used for various programming events hosted by the Health and Wellness Center.</p> <p>ATU in collaboration with the Arkansas Campaign for Unplanned Pregnancy received a \$500 grant through the Women's Foundation of Arkansas for funds to host on-campus events regarding preventing unplanned pregnancy among young adults. These funds were used to support Sexual Responsibility Week in February 2018.</p> <p>The Arkansas Campaign to Prevent Unplanned Pregnancies also donated t-shirts for our events for Sexual Responsibility Week in February 2018.</p>
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Arkansas Tech University
Division of Student Affairs

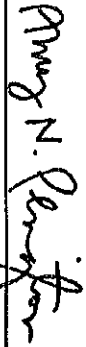
Act 943 Action Plan
2017-2018

6. Develop plans to address child care, transportation, financial aid, and other challenges for student success and completion specific to existing single parents	Advertise Single Parent Scholarship Fund on Arkansas Tech website	Year-Round	Information for single parents is directly linked to the Arkansas Tech Financial Aid website, the Third-Party Scholarships website, and the Upward Bound website. This link provides information for single parents on scholarships, college planning, help with living expenses, child care provider search, and other forms of support and assistance.
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Additional Notes:

In 2018-19, ATU will consider options to seek opportunities for college student mentorship of younger teens.

Respectfully Submitted:



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5/23/2018

Date

**Arkansas Tech University
Division of Student Affairs**

Act 943 Action Plan

2017-2018

Supplemental Information for Objective 3

Comprehensive List of Educational Programming

7-17-17 Resident Director Training led by the Health and Wellness Center. This training highlighted the services offered by Health Services. It included information about how students can access condoms in the residence hall as needed and it also included information about women's health services (approximately 15 in attendance).

8-9-17 Resident Assistant Training led by the Health and Wellness Center. This training highlighted the services offered by Health Services. It included information about how students can access condoms in the residence hall as needed and it also included information about women's health services (approximately 80 in attendance).

8-21-17 Services of the Health and Wellness Center led by the Health and Wellness Center. Staff from the Health and Wellness Center presented to new graduate students about the services provided to students who attend ATU. These services include well woman examinations, birth control consultation, pregnancy prevention education, and free condoms (approximately 20 in attendance).

9-14-17 Fight the Urge to Merge Workshop led by the Health and Wellness Center. This workshop was open to all students who wished to participate. This informational session showed students the importance of behaving responsibly with their sexual health. Discussed were topics such as STI/STD, pregnancy prevention, unplanned pregnancy, abstinence, resources for students, and the national campaign information. Models were displayed illustrating the female reproductive system and how pregnancy occurs, how birth control works and how we can better care for our bodies through wellness examinations (approximately 5 in attendance).

9-28-17 Sexual Health Lecture for Coach Raymond Monica's class led by a Peer Health Educator from the Health and Wellness Center. This class educated students over STI/STD's, abstinence, unplanned pregnancy, preventing pregnancy, birth control options, and resources on campus and in the community (approximately 15 in attendance).

10-4-17 Services of the Health and Wellness Center hosted by the Nursing Department. Staff from the Health and Wellness Center presented on the services provided to students who attend ATU. These services include well woman examinations, birth control consultation, pregnancy prevention education, and free condoms (approximately 20 in attendance).

1-11-18 New Resident Assistant Training led by the Health and Wellness Center. This training highlighted the services offered by Health Services. It included information about how students

**Arkansas Tech University
Division of Student Affairs**

**Act 943 Action Plan
2017-2018**

**Supplemental Information for Objective 3
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can access condoms in the residence hall as needed and it also included information about women's health services (approximately 15 in attendance).

2-12-18 to 2-16-18 Sexual Responsibility Week hosted by the Health and Wellness Center. Various workshops and events offered during this week were focused on healthy sexual behaviors, prevention of unplanned pregnancy, and sexual health resources for students (approximately 100 in attendance).

2-12-18 Prevention of Unplanned Pregnancy Workshop hosted by the Health and Wellness Center. This workshop was open to all students who wished to participate. This informational session showed students the importance of behaving responsibly with their sexual health. Discussed were topics such as pregnancy prevention, unplanned pregnancy, abstinence, resources for students, the national campaign information, how birth control works, and how we can better care for our bodies through wellness examinations (approximately 10 in attendance).

2-13-18 STI/STD's Program led by the Health and Wellness Center. This program was held to educate students about STI/STD's, safe sex practices, unplanned pregnancy, and pregnancy prevention (approximately 10 in attendance).

2-14-18 Free STD Screening hosted by the Health and Wellness Center. This program allowed students to be screened for gonorrhea and chlamydia and have the results within 2 days. While students waited for screening, education was given about STI/STD prevention/treatment, safe sex practices, birth control, unplanned pregnancy, and other resources (approximately 20 in attendance).

2-16-18 Condom Day hosted by the Health and Wellness Center. This program was open to all students who wanted to stop by and obtain free condoms. They were also given information about birth control options, unplanned pregnancy, and safe sex practices. Condoms awarded through a grant from Trojan were used for this event (approximately 50 in attendance).

2-26-18 Residence Life Scholastic Carnival hosted by Residence Life. Health and Wellness Center staff shared with students about the services of the Health and Wellness Center with the goal of improving student retention and academic success. Information included women's health visits, birth control options, and STD screening and treatment (approximately 100 in attendance).

3-14-18 Good Vibes Tabling Event hosted by the Health and Wellness Center. Students were invited to stop by and learn about fun, safe, and healthy things to do during spring break. They

**Arkansas Tech University
Division of Student Affairs**

**Act 943 Action Plan
2017-2018**

**Supplemental Information for Objective 3
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were given goody bags with free condoms and information about safe sex practices (approximately 60 in attendance).

Student Health 101 magazine-The Health and Wellness Center sends a link to a monthly digital student health magazine, *Student Health 101*, to all students. This magazine covered several topics related to the topic of unplanned pregnancy and sexual health. There were 3,529 visits to the magazine in the 2017-18 academic year. The following related articles were included throughout the year:

“Ask the health educator: Can ‘pulling out’ prevent pregnancy?” May 2017 issue

“Sexual health, culture, and relationships: Our experts answer your questions” February 2018 issue

“7 Ways to Lower Your Risk of STI’s” March 2018 issue

“Ask the Doc: I don’t have a period. Can it be due to stress?” March 2018 issue